



BULLETIN 2

Nice Holidays with orienteering in Bohemian Paradise

BULLETIN 2: TECHNICAL INSTRUCTIONS FOR COMPETITORS

COMMON INFORMATION FOR ALL STAGES

Event Center:

Area of field airport near the village Vyskeř, GPS: [50.5371381N, 15.1570425E](https://www.google.com/maps/place/50.5371381N,+15.1570425E), the arrival to the event center will be marked. On arrival, follow the organizer's instructions.

Registration: in the event center, we kindly ask for registration of complete club at once

Friday	23. 8. 2019	12:30 – 14:30
Saturday	24. 8. 2019	8:30 – 9:30
Sunday	25. 8. 2019	8:30 – 9:30

Clubs with properly paid fees, which do not require any change or registration, do not have to stand in the queue for the registration, just pick up the envelope.

Info point: All your questions regarding competitions, supplementary services, and cultural and natural attractions in the surroundings, will be answered by the info point near the registration desk. Please do not direct your questions and comments to IT and registration desk.

Souvenirs associated with Vyskeř, maps for open courses and a screen showing preliminary results, will also be available at the info point.

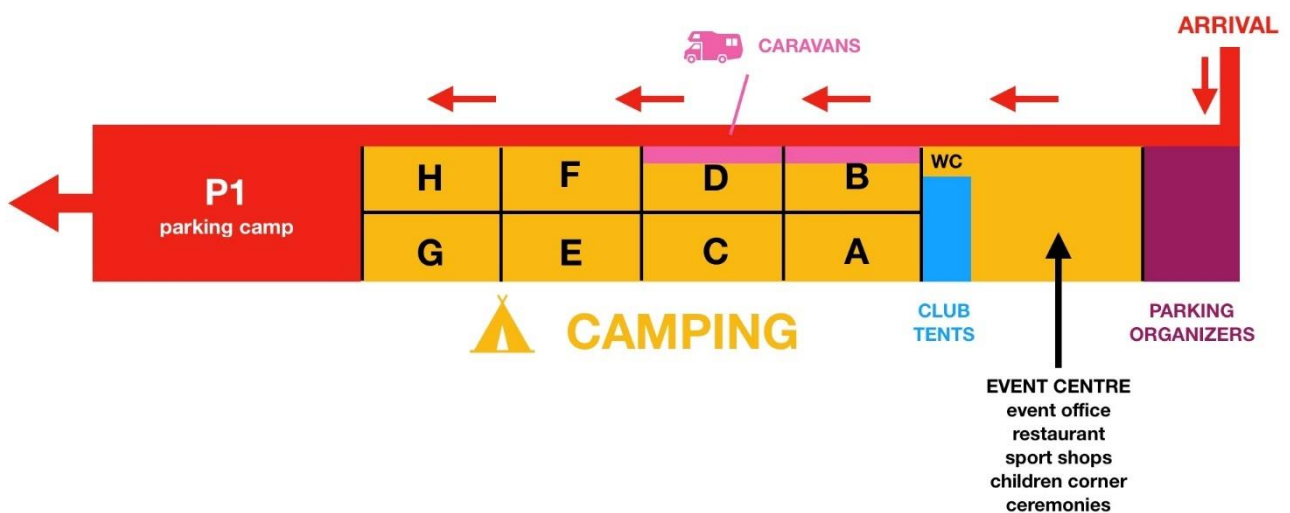
Parking: Due to the limited capacity in the event center, competitors who have paid accommodation in the camping site will be allowed to park near their tents. For others, there will be an additional parking lot within walking distance of 700 m from the event center, see map: <https://mapy.cz/s/3y7tC>.

There will be only one-way traffic in the event center. Entrance to the area is from the road Vyskeř – Hrubá Skála. The passageway will be led along the whole NE border of the event center and the camp to the parking lot behind the camp. The exit from the parking lot will be downhill on the road Vyskeř – Kacanovy. From the transit road won't be possible to drive into the campsite, it will only be possible to stop on the road for the time necessary to unload the luggage. All campers are kindly asked to check the campsite plan and select a tent location so that they do not block the arrival of other cars.

Parking fee of 50 CZK/whole event or 20 CZK/day will be collected.

We kindly ask the drivers to follow the instructions of the organizers. Do not park outside of the parking lot designated by the organizer!

Start area is accessible only by foot. For the competitors is strictly forbidden to park outside the places reserved for this purpose.



Accommodation:

The organizer provides accommodation in a temporary camp in the event center in their own tents only. Other accommodation is not being provided. The PP Camp site offers a place with combined parking and camping, dedicated places for caravans and campers, and club tents.

The camp is opened from Friday, Aug 23rd 2019 10:00 am to Sunday Aug 25th 2019, 3:00 pm. Questions regarding event center and camp: nejezchi@gmail.com

In the camp we kindly ask the competitors to:

- save water, we have to deliver it to competition center.
- not set any open fire.
- do not camp, stay overnight and park outside the restricted areas.
- park in the camp even if you sleep in the car or next to a car.
- do not enter surrounding private lands and private areas.
- do not leave any valuables in tents.
- keep the night calm from 10:00 pm to 7:00 am. The campsite is large and the refreshment stands are far enough so that their operation will not disturb guests even in the late hours.
- clean the camp site and parking lot before you leave

For better understanding the campsite location there is a plan of several sectors marked with letters (see the attached plan). There are parking zones around the sectors. Please, park your car carefully, respect the parking line, considerate the others. If you want to book a parking lot for your friends, count 3 meters for one car. Do not park and build your tents in passageways for pedestrians. We would like to ask campers without car to build the tents at least 8 meters from the parking line and to leave the place near parking zone to others with a car.

There will be a **waiting parking lot** at the entrance of the camp. You can park your car here for the short time necessary for finding suitable place for your tent and car. Please, use this waiting parking lot only for a few minutes.

Recommended **parking space for caravans and campers** are lengthwise the sector B and D (see attached plan). The width of the parking space for caravans is 6,5 m and are situated on solid soil close to the access road. There is again a waiting parking lot at the beginning of the parking, where you can park for a necessary time for choosing your parking place.

Washing: There will be a drinking water and provisional showers with cold non-potable water in the competition center, biodegradable soaps and shampoos will be provided. There is no pond in the village, the closest one with clean water is a swimming pool in Kacanovy (3 km). You can also swim in Jizera. The weir in Přepeře and Dolánky near Turnov offers not only good swimming but also refreshments.

Catering: For the runners, a high quality meal will be prepared for Friday dinner, Saturday lunch and dinner and Sunday lunch. Menu will include grilled food, vegetarian, vegan and gluten-free meals. You can expect soups, hot meals, salads, snacks, ice-cream, café and homemade beverages. There will be also Cafeteria stand.
There will also be a traditional assortment of our bar (Rohozecká 10°, non-alcoholic beer, lemonades), a cake stand, fresh pastries, a salty breakfast, hot dogs etc.

We are eco-friendly and provide returnable cups 0,5 l. When you buy your first drink, you will pay a deposit 50 CZK and you will receive your drink in our returnable cup. When buying next drink, you will return us the empty cup and you will receive your next drink in a new clean cup. When you decide to finish, you can always return your empty cup in our bar and we will return you the deposit. You can keep the cup with your favorite design after the event and take it home as a souvenir. But please, keep the last cup not before Sunday.

Babysitting: In the event center **only for the necessary time of your race**. The children's corner will be opened 45 minutes before the start and closed no later than after the end of the race limit. Part of the children corner is also our mini-race.

Control descriptions:

Only in the event center situated on the info-board.

Punching system:

SportIdent for all stages. In case of malfunction of electronic punching, you have to punch manually to the "R boxes" on the map. In this case, the map must be returned immediately to the organizers at the finish. Please check your SI number according to 4 the starting list. In case of discrepancy, ask for a correction on the registration desk. In case of loss of hired SI an amount of 1000 CZK will be charged.

No SI Air+ punching will be used!

Classes:

D10, D12, D14, D16, D18, D20, D21E, D21A, D21B, D21C, D35, D40, D45, D50, D55, D60, D65, D70

H10, H12, H14, H16, H18, H20, H21E, H21A, H21B, H21C, H35, H40, H45, H50, H55, H60, H65, H70, H75

HDR line track with the parents accompaniment
2 maps available for child and for parent

D10L, H10L uninterrupted marked line course without accompaniment

**It is strictly banned to use any kind of shoe with metal dobs and spikes, also applies to ankle boots with spikes!!! It will be checked at the start!
We do not recommend shoes with a smooth sole for any of the stages.**

SI reading and preliminary results:

SI reading always in EC. We ask the competitors to read the SI cards immediately after returning from the race.

The preliminary results will be posted on the info-board, you can also watch the preliminary live results on the screen in info point. Live results from all stages will be available on-line at: <https://liveresultat.orientering.se>.

First aid: First aid available in the finish area of every stage, eventually in the EC during the race. For medical treatment, use the hospital in Turnov or Jičín. For serious acute health problems, call the Emergency Medical Service (155).

Regulation: Race is regulated according to ČSOS rules. Winning times according to the competition rules of ČSOS.

Key to evaluating results:

Determining the overall ranking of a competitor in the category is given by a simple sum of time from all three stages.

Prize giving ceremony:

On Sunday, August 25th, 2019 at about 2:30 pm in the event center. The first three Competitors from all classes will be awarded.

In the HDR, D/H10, D/H10L classes, all participants will receive a small prize at the end of the ceremony.

There are interesting prizes not only from our partners for awarded competitors.

Protests: With a deposit of 200 CZK to the main referee of the stage. Protests against official results may be delivered to the following address: OOB TJ Turnov, Skálova 207, 511 01 Turnov

Jury: Roman Zbranek – ASU, Matěj Burda – BOR, Jana Kubátová – CHA (all CZE)

Other:

- Forbidden areas: Forests between Kacanovy, Mladostov, Drahoňovice, Adam's lodge, Bukovina arboretum and Castle Valdštejn are competition areas. Movement out of the competition time (trips, etc.) is only possible on marked trails. Please, play fair and do not visit the competition area before your start and during the competition until the end of the stage.
- Way to the start is marked by blue-white ribbons. Route from the finish by red-white ribbons.
- The HDR and HD10L courses are marked by red-white plastic ribbons.
- HDR class has 2 maps available for both children and parents.
- All maps are waterproof.
- Maps at the finish will not be collected. Please, keep fair-play!
- Pay attention in the rocks! **You compete at your own risk.**
- Competitions take place in the protected landscape area, follow all the instructions of the organizer.
- Ownership of the map does not allow you to organize individual training sessions nor team training camps! Consult the planned activities with the OOB TJ Turnov and with the forest and PLA administrations.
- Sales and promotional activities in the event center, in the vicinity of the event center, in pre-start or finish areas and along routes to start and finish are possible only with the organizer's prior approval!

STAGE 1 – middle distance; Friday 23. 8. 2019

Start: 00 = 3:00 pm

Interval start, HDR have a free start by punching the start unit from time 0 to the time of the last starting competitor according to the starting list for the respective stage.

There are two starts in Stage 1:

Start Nr. 2: have classes HDR, D10L, D10, D12, D14, D45, D50, D55, D60, D65, D70, H10L, H10, H12, H14, H60, H65, H70, H75

Distance EC - start Nr. 2: **800 m**, without climbing; marked with **green-white** ribbons

Start Nr. 1: all other classes

Distance EC - start Nr. 1: **1 800 m**, marked with **blue-white** ribbons; the route leads 700m along the road of the III. class with no traffic restrictions – pay attention to your safety! WC and water available at the start.

Map: Vyskeř

Scaled 1 : 10 000 for DH16 – DH21; 1:7 500 for other classes.

Contour interval 5 m

Stand: summer 2019, authors: J. Borůvka (2015), P. Uher (2019), waterproof (printed to Pretex).

Finish: Distance from finish area to EC: 1 000 m. Time limit 75 minutes.

Terrain: Rocky and hilly terrain, medium dense network of roads, slope, deep elongated valleys lined with smaller rocks in some places.

Course setter: Tomáš Thoř – R3

Controller: Jindřich Kořínek – R2

Attention:

- Pay attention to the control numbers and codes, courses have several crossings and there is a lot of controls in the forest in a relatively small area often very close to each other (but according the rules of ČSOS).



- Note that some controls are located near restricted areas.
- Classes DH10 have a mandatory ribbon marked leg, it is marked in the control descriptions.
- There are high cliffs and dangerous areas in the competition area so be very careful.
- There are few small areas with fallen trees, marked with purple hatching (709) in the map.

- There are some old fallen and broken fences in the competition area, be careful while crossing them.

Embargoed areas:

- During the race it is strictly forbidden to enter all fencing and newly planted areas! Forbidden newly planted open areas are marked as out-of-bounds area in the map (710). These will be bounded by tape in exposed areas and checked by the organizers. Entry into such an area will lead to disqualification and damage to the forest stands will be handed over to the management of the Bohemian Paradise Protected Landscape Area administration.
- Field (412) is also forbidden area!!

STAGE 2 – long distance; Saturday 24. 8. 2019

Start: 00 = 10:00 am

Interval start, HDR have a free start by punching the start unit from time 0 to the time of the last starting competitor according to the starting list for the respective stage

Distance from EC to the start: 2 300 m, 25 m climb

The way to the start goes through private land. Follow the marked route!

Start is NOT close to the finish.

WC and water available 400m before the start.

Map: Bukovec

Scaled 1 : 10 000

Contour interval: 5 m

Authors: J. Borůvka (2015), Z. Sokolář (2018), revision 7 / 2019, waterproof (printed to Pretex).

Finish: Distance from finish area to EC: 1800 m, 100 m climb. Time limit 150 minutes.

Terrain: Numerous deep rocky valleys, smaller rock towns, forest with good runability, in some places with high blueberry bushes, medium dense network of roads.

Course setters: Jan Schulhof a Michaela Omová – both R3

Controller: Daniel Wolf – R1

Attention:

- All classes have at least one refreshment station equipped with water. Refreshment is at controls Nr. 53 and Nr. 105, and are marked by appropriate symbol in control descriptions as well as on the map.
- There are high cliffs and dangerous areas in the competition area so be very careful.
- Pay attention to the control numbers and codes, courses have several crossings and lines between controls are often interrupted to achieve better readability.

Embargoed areas:

- During the race it is strictly forbidden to enter all fencing and newly planted areas! Forbidden newly planted open areas are marked as out-of-bounds area in the map (710).

These will be bounded by tape in exposed areas and checked by the organizers. Entry into such an area will lead to disqualification and damage to the forest stands will be handed over to the management of the Bohemian Paradise Protected Landscape Area administration.

STAGE 3 – middle distance; Sunday 25. 8. 2019

Start: 00 = 10:00 am

Interval start, HDR have a free start by punching the start unit from time 0 to the time of the last starting competitor according to the starting list for the respective stage

Distance from EC to the start: 1 850 m, 30 m climb

The way to the start goes through private land. Follow the marked route!

Start is NOT close to the finish.

WC and water available at the start.

Map: Stávek

Scaled 1 : 10 000 for DH16 – DH21; 1 : 7 500 for other classes

Contour interval: 5 m

Authors: P. Uher (2019), J. Borůvka (2015), Z. Sokolář (2018), stand: summer 2019, waterproof (printed to Pretex).

Finish: Distance from finish area to EC: 1800 m. Time limit 90 minutes.

The route from the finish leads 700m along the road of the III. class with no traffic restrictions – pay attention to your safety!

Terrain: Rocky terrain with good runnability but high cliffs and rock towers, in the steeper slopes bordered with rocks. In some places rugged terrain with no rocks.

Course setter: Šárka Sokolářová – R3

Controller: Jan Vřešťál – R2

Attention:

- Pay attention to the control numbers and codes, courses have several crossings and there is a lot of controls in the forest in a relatively small area often very close to each other (but according the rules of ČSOS).
- Lines between some controls are bent to avoid crossing out-of-bound areas.
- There are high cliffs and dangerous areas in the competition area so be very careful.
- There are few small areas with fallen trees, marked with purple hatching (709) in the map.
- Please do not delay reading of the SI card after you finish the last stage, you will speed up the prize giving ceremony.

Embargoed areas:

- During the race it is strictly forbidden to enter all fencing and newly planted areas! Forbidden newly planted open areas are marked as out-of-bounds area in the map (710). These will be bounded by tape in exposed areas and checked by the organizers. Entry into such an area will lead to disqualification and damage to the forest stands will be handed over to the management of the Bohemian Paradise Protected Landscape Area administration.

- It is forbidden to enter all private lands indicated - in the map indicated as inaccessible area (527).

ACCOMPANYING PROGRAM

Friday	23.8.2019	19:00	Theater show for kids	stage in the EC
Friday	23.8.2019	19:30	Live show & document from WOC	stage in the EC
Saturday	24.8.2019	13:30	O-RUN Best Puncher – qualification	event center
Saturday	24.8.2019	17:30	O-RUN Best Puncher – final	stage in the EC
Saturday	24.8.2019	19:45	Movie from stage 1 and stage 2	stage in the EC
Saturday	24.8.2019	20:30	PP party	cultural hall OÚ Vyskeř
Sunday	25.8.2019	14:30	Prize giving ceremony	stage in the EC

* showed times are approximate and will be specified by speaker in the EC

O-RUN Best Puncher of Nice Holidays

Saturday, August 24th 2019

Qualification: from 1:30 pm to 4:30 pm in the event center. 16 fastest punchers will proceed to the final.

Fastest 4 young punchers (up to 14 years) proceed to the separated final U14.

In the qualification, each competitor has only 1 attempt.

Final: from 5:30 pm in the event center, in pairs on parallel courses according to the results of qualification. If one of the finalists is not present, next competitor in a row will participate.

Entries to qualification are to be made directly at the start. Complete rules will be published at the EC. No starting fee for Nice Holidays participants.

PP Party

Saturday, August 24th 2019

When: from 8:30 pm

Where: Cultural hall OÚ Vyskeř (50.5294819N, 15.1585117E), approx. 900 m from the event center

What: Party as usual, music, beer, refreshment and much more! No entry fee.

How: No marking ribbons. The route will be indicated on a map posted at the info point.

Attention: Party is located in a populated area (in the village square), near the road. Take extra care when crossing the road and please respect the local people by proper behaviour.

Thank you for coming! Have a Nice Holidays!

Good luck in the forest and the right direction wishes you the organizing team OOB TJ Turnov!

Head of OC: Filip Stárek
Sports director: Martin Luštický
Course setters: Tomáš Thoř (E1), Jan Schulhof a Michaela Omová (E2), Šárka Sokolářová (E3)
Controllers: Jindřich Kořínek (E1); Daniel Wolf (E2); Jan Vřešťál (E3)
IT, entries: Ondřej Holas, Martin Váňa
Maps layout: Pavel Hradec
Event center: Ivana Nejezchlebová, Karolina Houžvičková, Jan Mertlík

The competition is held in the Protected Landscape Area Bohemian Paradise. Follow the rules!

IT IS STRICTLY FORBIDDEN TO USE ANY TYPE OF SHOES WITH METAL SPIKES!

Pěkné prázdniny

s orientačním během v Českém ráji

Pořadatel:



Partneři oddílu a závodu:



Partneři závodu:



Speciální poděkování pro:

CHKO Český ráj

Obec Vyskeř

Obec Hrubá Skála

Obec Kacanovy

www.tur.cz / www.niceholidays.cz